

11.00am – 11.50am Saturdays

or by appointment

ST JOSEPH'S and HOLY FAMILY

The Presbytery, Hope Road, Sale, M33 3BFTel: 0161 973 1615

Email: info@sjhf.co.uk and Parish Website: www.sjhf.co.uk

Parish Priest: Father Stephen Woolley and Permanent Deacon, Reverend John Hamilton

Mass Times and Intentions for – SECOND SUNDAY IN LENT – 5th March 2023			
Saturday 4 th March	6.00 pm (Vigil)	Alan Hughes (RIP)	Adoration SJ 11.00am
Sunday 5 th March SECOND SUNDAY IN LENT	9.00 am 10.00 am HF 11.00 am 5.30 pm	People of the Parish Nora Fitzpatrick (RIP) Ben Hogan Johnnie Kelly (RIP)	
Monday	9.30 am	Elizabeth Joseph (11 th Ann.)	Ferial
Tuesday	9.30 am HF 12.00 noon	Special Intention (Thank you) Alan Berry (RIP)	Ferial Adoration HF 10.00am
Wednesday	9.30 am 7.00 pm	Private Intention Michael Jackson (RIP)	Ferial
Thursday	9.30 am нғ 12.00 noon	Mary Dolan (Sick) Patrick Joseph Crowley (RIP)	Ferial Tea and Toast after Mass at HF
Friday	9.30 am 7.00 pm	Frank Bryant (RIP) Stations of the Cross	Ferial
Saturday 10 th March	12.00 noon 6.00 pm (Vigil)	Simon Williamson (15 th Ann.) S.I.M.T.	Ferial
Sunday 11 th March THIRD SUNDAY IN LENT	9.00 am 10.00 am HF 11.00 am 5.30 pm	Christine Challender (RIP) Margaret Power (RIP) Tommy Weighill (B'day Rem.) People of the Parish	
SACRAMENT OF CONFESSION		CRED HEART LAMP Florence Taylor	OFFERINGS WEEKEND 26 th February 2023

Mountain High Valley Low

When you hit a low do you feel sorry for yourself and complain bitterly, or do you seek to pull yourself back up and learn from it. When you are on a high do you make the most of the moment, working hard and feeling grateful, or do you sit back and become complacent? How you answer these questions is an important indicator of how you are likely to shape your future. Obviously a more positive attitude is going to shape a more fruitful future.

Today we find Peter, James and John in low spirits. Discipleship is proving to be more difficult than they had imagined and understandably they were losing the enthusiasm and drive that they had shown previously. Jesus recognises that it is time to treat his disciples to a motivational vision, the vision that we now refer to as the 'Transfiguration'. The glimpse of heaven's glory must surely have stayed with Peter, James and John for the rest of their days. But how does that help us? There's no doubt that some people are treated to spiritually motivating moments, but for most of us life seems to be just one long round of paying the bills. Is it any wonder we lose the bright-eyed vision of our youth. Or could it be that God is sending us little words of encouragement all the time and we simply don't remember them?

Peter lends a little human perspective to the story of the Transfiguration. He proposes erecting three tents in which to keep hold of the vision. It might sound trite, but keeping hold of a vision is key to staying motivated. Some people keep letters of encouragement and cards of thanks and congratulations to remind themselves of a time when they were doing a particularly good job. Other people adorn their desks at work with photographs of their children to remind themselves of why they are working, or cover their walls with certificates to keep in mind their original ambition. Others simply keep imagining how things will be once they have achieved their goals. Jesus teaches us that we can't always control what's happening around us, but we can change our thinking. If we adopt a 'can do' attitude we will make much better choices for shaping the future.

Entrance Antiphon: Of you my heart has spoken: Seek his face. It is your face, O Lord, that I seek; hide not your face from me.

Responsorial Psalm: May your love be upon us, O Lord, as we place all our hope in you.

Gospel Acclamation: Glory and praise to you, O Christ! From the bright cloud the Father's voice was heard: 'This is my Son, the

Beloved. Listen to him.; Glory and praise to you, O Christ!

Communion Antiphon: This is my beloved Son, with whom I am well pleased; listen to him.

Year A Genesis 12: 1-4 Psalm 32 2 Timothy 1: 8-10 Matthew 17: 1-9

SJ £1972.90

HF £345.51

MISSIONARY APPEAL

Next weekend 11th/12th March we will welcome Sr Brenda who will make a Diocesan Appeal at all Masses for the Missionary Sisters of England and Wales. The Sisters have missions in Kenya, Uganda and Ecuador. Please make her very welcome.

EUCHARISTIC MINISTERS / READERS MEETING

Meeting for all Readers and Eucharistic Ministers
– next <u>Sunday 12 March</u> 2023 at 4.00pm in
St Joseph's Church (not the Parish Centre).

LENT 2023

During this Holy Season we have additional Masses, devotions and activities to help us focus our hearts and minds on the Passion and Death of Christ.

ADORATION OF THE BLESSED SACRAMENT

In addition to the regular Adoration at Holy Family on a Tuesday at 10.00am, there will be Adoration at St. Joseph's on each Saturday of Lent between 11.00am and 11.50am, during confessions.

Come and spend some quiet time.

STATIONS OF THE CROSS

Fridays, 7.00pm at St Joseph's. This week the Stations of the Cross are for World Peace.

MASS

There is an additional Mass each Wednesday evening at 7.00pm at St. Joseph's.

PROPOSED PARISH PILGRIMAGE TO THE HOLY LAND

Father Stephen is in the early process of planning another Pilgrimage to the Holy Land in October 2024. The cost of the pilgrimage for a week will be in the region of £1800 per person. If you are interested and would like more information please sign the Holy Land form in the sacristy at St Joseph's.

SPUC PRO-LIFE EVENING

You are warmly invited to attend an information evening organised by the Society for the Protection of Unborn Children (SPUC) which will be held at Westleigh Parish Centre (St. Vincent de Paul Catholic Church), Altrincham, next Thursday 9th March 7:30pm. Come along to hear about the wide-ranging work that SPUC is involved in locally, nationally and internationally to protect women and unborn children from abortion.

COMMENDED TO GOD

We hold in loving memory and prayers **Pat John** who has died recently. May she rest in peace. We extend to her family and friends our deepest sympathy at this sad and extremely difficult time.

Death is not extinguishing the light. It is putting out the lamp because the dawn has come.

SACRAMENT OF BAPTISM

We welcome to the Church and Parish Community Ruby Maria Olive Rogers, Louis Michael John Rogers, Freddie Samuel Roper Bedford and Albie Daniel Bedford who were baptised at St. Joseph's last weekend. We welcome Ruby, Louis, Freddie and Albie into the Church and commend their parents for passing on to them the Faith of the Apostles.

SUPPORTING CAFOD THIS LENT

<u>CAFOD Lent Fast Day</u> donations and envelopes will be collected after all Masses this weekend.

<u>CAFOD Challenge This Year – The Big Walk</u>

The Challenge this year is to cover 200km or 125 miles in Lent under your own steam, walking, running, cycling, whatever you can think of!

You could sponsor Father Stephen who, this year, will be cycling 150 miles!

(Sponsorship forms available at the back of church)

Father's wish this year is that all money raised by him is split 50-50 between **CAFOD** and **Smile Train** (a specialist charity providing corrective surgery for children with cleft lips and palates).

SMILE TRAIN is the world's largest cleft-focused organisation, with a sustainable and local model of supporting surgery and other forms of essential care. Their unique "teach a man to fish" model focuses on training local professionals to provide world-class cleft care in their own communities. Those professionals then go on to train others, creating a sustainable system for long-term care.

DIOCESAN PILGRIMAGE TO LOURDES 2023

Booking are now open for this year's Diocesan Pilgrimage to Lourdes. Under the leadership of Bishop Mark, the theme for our pilgrimage will be "... tell the priests to build a chapel here". This year's overland pilgrimage will depart on Thursday 27 July returning on Friday 4 August. Those pilgrims wishing to fly will depart from Liverpool airport on Friday 28 July returning on Thursday 3 August.

More details, brochure and booking forms are available on the pilgrimage website http://www.shrewsburypilgrimage.co.uk Young pilgrims (aged 16 - 22) who wish to join us in Lourdes and offer their time and energy to assist and serve the sick and elderly pilgrims are asked to contact Sandy Fairley at the Youth Mission Team (youth@dioceseofshrewsbury.org) for more details.

LOURDES BY JUMBULANCE

Chester and Wirral Across Groups are again travelling to Lourdes this year. There are vacancies for nurses, helpers and sick and disabled pilgrims. We have taken folk with a wide range of health problems such as stroke, cancer, MS, Motor Neurone Disease, etc. The cost is £995. Nurses and under 25s in full time education pay half. However, financial help may be available for those who cannot afford to pay the full amount. COVID Vaccinations compulsory. For further information, please contact Tony Murphy on 07881-656-974

or tonymurphyefc2002@yahoo.co.uk

HOLY FAMILY CAFOD GROUP

would like to thank everyone who joined them for tea and coffee after Mass on 19th February. £130 was raised for the CAFOD Syria and Turkey emergency appeal.

CHRISTMAS COLLECTIONS

The Christmas collections raised a wonderful £4886.92 from St. Joseph's and £1060.39 from Holy Family. Many thanks to all who contributed.

PRAY FOR PRIESTS

For March are available at the back of church.