



## ST JOSEPH'S and HOLY FAMILY

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Parish Priest: Father Stephen Woolley  
and Permanent Deacon, Reverend John Hamilton

### Mass Times and Intentions for – SIXTEENTH SUNDAY IN ORDINARY TIME – 21<sup>st</sup> July 2024

Saturday 20 <sup>th</sup> July	6.00pm (Vigil)	Martin Family Birthdays	
Sunday 21 <sup>st</sup> July SIXTEENTH SUNDAY IN ORDINARY TIME	9.00 am 10.00 am HF 11.00 am 5.30 pm	Nina Boran (13 <sup>th</sup> Ann.) People of the Parish Barry Peter Reeves (20 <sup>th</sup> Ann.) Michael O'Shea (RIP)	Tea & Coffee after 11.00am Mass
Monday	12.00 noon	Josephine Riley (Get Well)	St Mary Magdalene
Tuesday	9.30 am HF 12.00 noon	Mary Mahon (RIP) Teresa Caveney (RIP)	St Bridget
Wednesday	9.30 am	Barry Reeves (RIP)	Ferial
Thursday	9.30 am HF 12.15 noon	Ann Wren (Successful Treatment) Sue Broadbent (Successful Treatment)	St James, Ap. Tea & Toast after 9.30 Mass
Friday	10.00 am	Michael Fletcher (Requiem)	Ss Joachim & Ann, parents of BVM
Saturday 27 <sup>th</sup> July	12.00 noon 6.00pm (Vigil)	Shelly, Lizzy Kelly John Hall (B'day)	Ferial Adoration at SJ 11.00am for the canonisation of Blessed Carlo Acutis
Sunday 28 <sup>th</sup> July SEVENTEENTH SUNDAY IN ORDINARY TIME	9.00 am 10.00 am HF 11.00 am 5.30 pm	Maria de Lourdes Vazquez Carrialez People of the Parish Pauline Geraghty Pat Walsh (Recovery to Good Health)	Tea & Coffee after 11.00am Mass

<b>SACRAMENT OF CONFESSION</b> 11.00am – 11.50am Saturdays or by appointment	<b>SACRED HEART LAMP</b> This week the lamp is lit for Lourdes Intentions	<b>OFFERINGS WEEKEND</b> 14 <sup>th</sup> July 2024 SJ £1910.10 HF £339.55 Many Thanks
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### Time Out

The younger generation are very good at telling us to “take a chill pill...” and there’s nothing more infuriating. But funnily enough, “taking a chill pill” is something we’re extraordinarily bad at. We are surrounded by twenty first century devices to save us time, such as emails, microwaves and disposable nappies, yet somehow we don’t end up with hours of free time as a result. Quite the contrary, we work faster, travel faster, eat faster and take on more and more work. We feel that we need to fill every waking moment with an extra job. Yet sitting still for a moment in silence and solitude whilst the world rushes around us is very important.

Today Jesus understands that his disciples are exhausted by the demands of the crowds and suggests escaping by boat to find a quiet place to rest, recharge and presumably take stock. Unfortunately, the crowds worked out where Jesus was off to and beat him to it. Jesus stepped out of the boat to be greeted by the same crowds he had just left behind. If Jesus felt any exasperation he didn’t show it. Moved by compassion, because the people are like ‘sheep without a shepherd’ Jesus sets about putting their needs before his own. It might appear that Jesus was just about as bad at ‘taking a chill pill’ as the rest of us, but the story simply points to his level of compassion and discernment.

Taking time out to recharge and take stock is often more important than fitting in that extra job. Have you ever got to the end of a very busy day and wondered what you have actually achieved? How much worse to get to the end of one’s life and realise that we have achieved little of real importance. Take a chill pill. Remember to retreat from the world from time to time. Remember to regularly ask yourself those all-important life-enhancing questions.

Entrance Antiphon :	<b>See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.</b>			
Responsorial Psalm :	<b>The Lord is my shepherd; there is nothing I shall want.</b>			
Gospel Acclamation :	<b>Alleluia, alleluia! The sheep that belong to me listen to my voice, says the Lord, I know them and they follow me. Alleluia!</b>			
Communion Antiphon:	<b>The Lord, the gracious the merciful, has made a memorial of his wonders; he gives food to those who fear him.</b>			
Year B	Jeremiah 23: 1-6	Psalm 22	Ephesians 2: 13-18	Mark 6: 30-34

## AN OPPORTUNITY TO EXPLORE THE GOSPELS AND SCRIPTURE

Our next session will take place on Thursday 1<sup>st</sup> August 8.00pm – 9.00pm in St Joseph's Parish Centre. We will spend up to an hour reflecting and praying on the Gospel reading of the week (on Sunday 4<sup>th</sup> August it is John 6: 24-35). It really is very simple and those who pray in this way have found it to be a rich rewarding experience in addition to further building our Parish Community. You may find it helpful to read the passage beforehand (we are using the reading from The Sunday Missal, Year B) although there will be copies available on the evening.

### ADOREMUS AT OSCOTT

The 2024 National Eucharistic Congress will be held at Oscott College on Saturday 14<sup>th</sup> September. There are a few tickets available for each parish. If you would like to go please contact Father Stephen as soon as possible.

Details are on the noticeboards

### THE NEW PEOPLE'S MISSALS

Last chance! We will be ordering these at the end of the month. If you would like any of them, please place your order in the repository. Available in October.

Standard Edition - £19.95

White Bonded Leather Presentation Edition - £29.95

Burgundy Bonded Leather Gift Edition - £29.95

### SOUTH MANCHESTER FOOD BANK

Many thanks to all who have contributed to the food bank. Items currently being requested are: small jars of coffee; small packets of tea bags; tinned tomatoes; tinned tuna; jam; shampoo; deodorant. Donations can be left in 'Jim's Box' in the narthex but please do not donate out of date items.

### HELP NEEDED

Is anyone available to help with transport for parishioners to and from 10.00am Mass Sunday Mass at Holy Family? Please speak to Tim Stibbs or Sue Longson on 07580 563935.

### CONGRATULATIONS

Congratulations to Antonia Peilober Richardson and Raymond Matthews who were married in Hungary recently. Father Stephen will bless their marriage at 11.00am Mass today. Cakes and refreshments will be served in the Parish Centre after Mass so please go over to congratulate the happy couple.

### COMMENDED TO GOD

We hold in loving memory and prayers **Michael Joseph Fletcher** who has died recently. We also mourn the death of one of our Diocesan priests, **Father Anthony Cogliolo**. May they rest in peace. We extend to their families and friends our deepest sympathy at this sad and extremely difficult time.

### SACRAMENT OF BAPTISM

We welcome to the Church and Parish Community **Emily Anna Palmer** and **Minnie Josephine Kelly-Muldoon** who were baptised at St. Joseph's last weekend. We welcome Emily and Minnie into the Church and commend their parents for passing on to them the Faith of the Apostles.

### BITESIZE

The time to relax is when you don't have time for it.

~Attributed to both Jim Goodwin and Sydney J. Harris

## HOLY FAMILY SVP - TEA & COFFEE

Next Sunday 28<sup>th</sup> July the SVP will be serving tea and coffee after 10.00am Mass.

### HOLIDAY SEASON

Father Stephen wishes everyone a happy and restful time with family and friends wherever you are spending your holiday, in the UK or abroad. We also especially welcome all visitors to St. Joseph's & Holy Family. We wish you a happy holiday in the company of your loved ones.

### CEMETERY TOUR

Michael Riley will lead a tour of the historic Sale, Brooklands Cemetery next Thursday 25<sup>th</sup> July, meeting by the Cemetery Lodge at 7.00pm.

This fascinating tour will explore some of the impressive funerary monuments, and delve into the lives of the notable characters they commemorate. The Cemetery was opened in 1862 and quickly established a nation-wide reputation as one of the most fashionable and desirable enclosures in which to be buried, attracting many of the wealthy merchants and cotton magnates from nearby Manchester.

### LOURDES DIOCESAN PILGRIMAGE

Diocesan Pilgrimage to Lourdes begins on Thursday 25<sup>th</sup> July. A coach will be leaving from St Joseph's around 12 noon. If you would like to send a petition to be placed at the Grotto, please put it in the basket at Our Lady's altar. The pilgrims from St Joseph's & Holy Family will take them.

The Pilgrimage arrives in Lourdes next Friday 26 July and Bishop Mark has asked us to pray for the following intentions:

- For the renewal of Eucharistic faith and love in all our parishes and families.
- For the peace of the world amid threats of war and terror: may all peoples walk together in peace.
- For the unity of the Church and of our Shrewsbury Diocese that we may always walk together in faithfulness.
- For the upholding of the sanctity of every human life especially of the unborn, the sick and the aged.
- For new and generous vocations to Marriage, to the Priesthood and to the Consecrated Life of women and of men.

On Monday 29 July at 10.00am (9.00am UK time) we will be celebrating Mass at the Grotto with other English Dioceses present in Lourdes. You will be able to join in via Lourdes TV <https://www.lourdes-france.org/en/tv-lourdes/> The International Mass will be on Sunday 28 July at 9.30am (8.30am UK time). You can join via the above link.

### FOURTH WORLD DAY FOR GRANDPARENTS AND THE ELDERLY – Sunday 28<sup>th</sup> of July 2024

We will celebrate this day in honour of all grandparents and elderly members of our congregation next week. This is the closest Sunday to the feast of St Anne and St Joachim, which we celebrate the Friday before on the 26<sup>th</sup> of July 2024. Pope Francis has written a message especially for this occasion and the Diocese has created a booklet that includes his message and the prayer prepared for the day. Please pick up the booklet and prayer cards from the back of the Church and you will find other resources on the Diocesan website.