



ST JOSEPH'S and HOLY FAMILY – YEAR OF THE WORD
The Presbytery, Hope Road, Sale, M33 3BF Tel: 0161 973 1615
 Email: info@sjhf.co.uk and Parish Website: www.stjosephssale.co.uk
Parish Priest: Father Stephen Woolley
 Retired Priest, Father David Peters and Permanent Deacon, Reverend John Hamilton

Mass Times and Intentions for – FIRST SUNDAY OF LENT – 1st March 2020

Saturday 29th February	6.00 pm	Rita Haddad (Anniv.)	
Sunday 1st March FIRST SUNDAY OF LENT	9.00 am 10.00 am HF 11.00 am 5.30 pm	People of the Parish Margaret Haywood Father John Kevin Ashton Aniela (Grandma) (2nd Anniv.)	Tea and Coffee in the Parish Centre after 11 am Mass
Monday	9.30 am HF 9.30 am	Teresa Jones Eric Wright (32nd Ann.)	Ferial
Tuesday	9.30 am HF 12 noon 7.00pm HF	Priest's Intentions Theresa McCormack (Recovery) Ethel Warrington (100th Celeb.)	Ferial <u>Adoration HF 10.30am</u>
Wednesday	7.30 am 9.30 am HF 9.15 am	Ellie Finn Holy Souls Special Intention	Ferial
Thursday	9.30 am HF 12.00 pm 7.00 pm	Priest's Intentions Gerard Lowe (Gerry)(2nd Ann.) Morag	Ferial
Friday	9.30 am HF 9.30 am 7.00 pm	Martin Power Priest's Intention Stations of the Cross	Ferial FAMILY FAST DAY WORLD DAY OF PRAYER
Saturday 7th March	12.00 pm	Josephine Riley and Family	Adoration 11am to 11.50am
Saturday (Vigil Mass)	6.00 pm	Ricardo-Elias Habis (Ann.)	Ferial
Sunday 8th March SECOND SUNDAY OF LENT	9.00 am 10.00 am HF 11.00 am 5.30 pm	People of the Parish Maura Carroll Eileen Howells (1st Ann.) Catherine (Rena) Nixon	

SACRAMENT OF CONFESSION Saturdays 11.00 am – 11.50 am Also by appointment with Father Woolley	SACRAMENTS OF BAPTISM & MARRIAGE By arrangement with Father Woolley	LAST WEEK'S OFFERING SJ: £1.823.32 HF: £316.20 Thank you for your continued generosity to the parish.
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DAILY CHOICES

Famous artists depict Satan as a winged demon with goat horns and cloven hooves. If the devil really presented temptation to us in this obvious guise, we would easily be able to recognise and resist it. Sadly that is not the case. We tend to think of temptation as something that will lead us into a life of crime or immorality, but temptation is simply anything that threatens to take us away from God.

Temptation does not come with all the easily recognisable trappings of Satan. More often or not temptation comes as an attractive choice. Satan presents for us easy ways out of our problems. Satan dresses up poor decisions as sensible options. Worse, the devil will help us to justify our poor decision making until we reach a point where we really cannot tell right from wrong.

Many of us fail to recognise temptation, and the reason we fail is because we don't really know who we are or what we're about. It's surprising that we can get so far on in years without being about to answer simple questions like "What are you doing for God?" "How would you like to be remembered?" The reason we struggle with questions like these is because as human beings we are governed hugely by self interest. Self interest is essential for survival and it's in all of us, but as Christians we have to put self interest on a back burner and put in the time and effort into defining who we really would like to be. Once we have achieved this, then the devil's temptations are suddenly crystal clear. After all, we can't be tempted away from our path in life if we've no idea what our path in life is.

If we have no plan, we are hardly worth the devil's attention.

When we choose to give up something this Lent, perhaps it should be something that reflects the path we have chosen and the temptation we are trying to transcend. If we decide to give up red wine for instance, with the intention of dropping a couple of dress sizes, God won't be hugely impressed and the devil won't be remotely interested. If we give up wine because we have identified that it is stopping us from doing some important work of God's making, our Lenten journey will take on a life changing significance. Jesus gives us an important clue; "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" When we make our daily choices ask, "Is this about me.... or is it about God?"

Entrance Antiphon : **When he calls to me, I will answer him; I will deliver him and give him glory, I will grant him length of days.**

Responsorial Psalm : **Have mercy on us, O Lord, for we have sinned.**

Gospel Acclamation : **Praise to you, O Christ, king of eternal glory! Man does not live on bread alone but on every word that comes from the mouth of God. Praise to you, O Christ, king of eternal glory!**

Communion Antiphon: **One does not live by bread alone, but by every word that comes forth from the mouth of God.**

Year A

Genesis 2:7-9.3:1-7

Psalms 50

Romans 5:12-19

Matthew 4: 1-11

LENT 2020

During this Holy Season we shall have a number of extra Masses, devotions and activities to help us focus our hearts and minds on the Passion and Death of Christ. There will be Adoration during Confessions each Saturday during Lent.

ADORATION OF THE BLESSED SACRAMENT

Each Tuesday in Lent at Holy Family between 10.30am and 11.30am and at St. Joseph's on each Saturday of Lent between 11.00am and 11.50am, during confessions. Come and spend some quiet time.

LENT MASSES

During Lent Father Woolley would like to give people extra opportunities to attend Mass and so there will be an early morning Mass at St. Joseph's at 7.30am on Wednesdays and two weekday evening masses: Tuesdays 7.00pm at Holy Family and Thursdays 7.00pm at St Joseph's.

SACRAMENT OF RECONCILIATION

During Lent Confessions will be from 10am until 11.50am. This gives everyone a greater opportunity to celebrate this beautiful Sacrament and prepare spiritually during this Penitential Season.

LENT COURSE – JOURNEYING TO EASTER

Each Tuesday of Lent after 7.00pm Mass at Holy Family in the Parish Centre. This Lent the course is Journeying through Lent towards Easter. It looks at the Lenten Journey as one of personal and communal renewal; a journey after which nothing should be as it was before because after Lent we go forward renewed by the risen Christ. All welcome.

LENT DAY OF RECOLLECTION

The day Retreat will be on Monday 30th March – Mass at 9am at St Joseph's followed by Stations of the Cross at Pantasaph, travelling on to Llandudno for lunch (buy your own) and free time. Leaving Llandudno 4.30pm. Cost £12 per person. Booking forms in the sacristy. Why not come along and experience the beautiful open air Stations at the Franciscan Monastery.

CAFOD LENT FAST DAY

This year's CAFOD Lent Fast Day is Friday 6th March. Soup will be served in St. Joseph's Parish Centre between 12 noon and 1.30pm with all proceeds going to CAFOD. All welcome.

Fast Day envelopes will be given out this weekend – 29th February/1st March and collected 7th/8th March.

STATIONS OF THE CROSS

Fridays, 7.00pm at St Joseph's.

This week the Stations of the Cross are for CAFOD and the work they do.

ST DAVID'S DAY

We wish a very happy **St. David's Day** to all, especially our Welsh parishioners.

ST JOSEPH'S SCHOOL

As many people know, Mrs Taylor, our Head Teacher, is retiring at the end of this term. Therefore the Board of Governors are looking to appoint a new Head Teacher required for September 2020. If you are interested in applying please contact St Joseph's Catholic Primary School on 0161 973 4938.

SANDSTONE TRAIL

A group of St Joseph's and Holy Family Walkers and friends will be undertaking the Sandstone Trail sponsored walk again this year on **Sunday 24th May** in aid of the **UK Sepsis Trust** and **A Bed Every Night** (The mayor of Greater Manchester's charity aimed at ending rough sleeping).

If you wish to walk, marshal or support in any way (or for more information), please contact Fran (franrubert@gmail.com)

YEAR OF THE WORD

As part of the Year of the Word we shall be doing a parish course entitled 'Big Picture' beginning with an introductory evening on Thursday 2nd April after the 7.00pm Mass. Please look out for further details.

ALTAR SERVERS' DAY

The Shrewsbury Youth Mission Team are organizing a day of activities, reflection and fellowship for altar servers from across the Diocese. This will be on Saturday 7th March 10.30am – 3.00pm at St. John Henry Newman Church, Warrington. Father Woolley would like to open this opportunity to all the altar servers at Holy Family and St. Joseph's. If you would like to go on the day please sign the form in the sacristy. Don't worry. All you need for the day is a packed lunch, your alb and lots of energy!

READERS' MEETING

There will be a meeting **TODAY** for all Readers in the Holy Family church, at 2pm. Please do your best to attend.

BEHOLD 2020 - THE REDEDICATION OF ENGLAND AS THE DOWRY OF MARY

The Rededication will take place on 29th March 2020. It will be fulfilled by a communal act of prayer across the country, when we seek Mary's protection and prayers. In preparation for this, the Angelus will be said before all Masses (including Sunday Masses) from 21st February.

The statue of Our Lady of Walsingham is now placed on the Lady Altar. Intentions can be placed in the basket before Our Lady's statue which will be sent to Walsingham and placed in the Slipper Chapel.

ST PATRICK'S DAY

After 11.00am Mass on Sunday 15th March, to celebrate St. Patrick's day, Irish coffees and other refreshments will be available in the Parish Centre. Entertainment will be provided by the St. Joseph's children's music group. All Welcome!

SACRAMENT OF BAPTISM

We welcome to the Church and Parish Community **Cora Elizabeth Circelli** who was baptised at St. Joseph's last weekend. We welcome **Cora Elizabeth** into the Church and commend her parents for passing on to her the Faith of the Apostles.

COMMENDED TO GOD

We hold in loving memory and prayers **MARY BRENNAN** who died last week. She recently celebrated her 105th birthday! May she rest in peace. We extend to her family and friends our deepest sympathy at this sad and difficult time.

THREE THINGS TO DO FOR LENT

Fasting and Abstinence

Keep your meals small and simple during Lent. This is not a slimming exercise. The thinking behind fasting and abstinence is that we strengthen our spiritual life by weakening physical pleasures. Fasting means reducing the amount of food that we would normally eat. Abstinence means not eating a particular food (meat). Ash Wednesday and Good Friday are to be observed as special days of Fasting and Abstinence.

Almsgiving

We are bombarded with requests for money from a huge number of charities. Identify a charity that means something to you . . . find out what they do and make a contribution. If you can't afford to give money, give your time.

Prayer

Our lives are so hectic that we often forget to set aside a few quiet moments in which to talk to God. During Lent, postpone breakfast television for a few moments and make a short prayer. In the evening encourage your children to say a night time prayer before bed.