



ST JOSEPH'S and HOLY FAMILY

The Presbytery, Hope Road, Sale, M33 3BF Tel: 0161 973 1615

Email: info@sjhf.co.uk and Parish Website: www.sjhf.co.uk

Parish Priest: Father Stephen Woolley
and Permanent Deacon, Reverend John Hamilton

Mass Times and Intentions for -THIRD SUNDAY OF EASTER - 14th April 2024

Saturday 13 th April	6.00pm (Vigil)	Henry Keogh (4 th Ann.)	
Sunday 14 th April THIRD SUNDAY OF EASTER	9.00 am 10.00 am HF 11.00 am 5.30 pm	Flora Dowds (80 th B'day 12.4) John & Diana (Golden Wedding) Patrick Sherlock (2 nd Ann.) Bridget Murphy (RIP)	Manchester Marathon
Monday	12.00 noon	Special Prayers (SH & SJ)	Ferial
Tuesday	9.30 am HF 12.00 noon	Philip Whiteside (RIP) Sylvester Dymata	Ferial Adoration 10.00am
Wednesday	9.15 am	Special Intention (FJ)	Ferial
Thursday	9.30 am 12.00 noon	Fr David Peters (2 nd Ann. 11.4) Thanksgiving – Sylvia & Vinay	Ferial Tea & Toast after Mass HF
Friday	9.30 am 12 noon	Doris Keeling (RIP) Anne Wardle (Requiem)	Ferial
Saturday 20 th April	12 noon 6.00pm (Vigil)	Special Intention (C & T) Ciara McGuigan (RIP)	Ferial
Sunday 21 st April FOURTH SUNDAY OF EASTER	9.00 am 10.00 am HF 11.00 am 5.30 pm	People of the Parish John O'Boyle John & Diana (Golden Wedding Thanksgiving) Winifred (Win) Fitzgibbon (RIP)	Tea & Coffee after 11.00am Mass

SACRAMENT OF CONFESSION 11.00am – 11.50am Saturdays or by appointment	SACRED HEART LAMP This week the lamp is lit in loving memory of Austin & Nell Lyons and family RIP	OFFERINGS WEEKEND 7 th April 2024 SJ £1695.83 HF £371.01 Many Thanks
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Finding The Meaning

Were the other disciples really so very different from Doubting Thomas? When they saw Jesus in their midst, they took some convincing that it really was Jesus and not a ghost that had come to visit them. The gospel outlines four pieces of proof that Jesus uses to convince them that he really has risen from the dead. They can look at the marks on his hands and feet, they can touch him to check that he is really flesh and bone, and they can watch him eat a meal that they have prepared. The fourth proof is when Jesus opens their minds so that they can understand the prophecies that were made in the Old Testament, and which he has fulfilled by rising from the dead.

We are not as lucky as the first disciples. Two thousand years down the line we do not have the benefit of their first-hand experience. We cannot look at Jesus, we cannot touch him, or share a meal. The fourth proof though, the prophecies in the Old Testament are still there for us to read. The only trouble is, the Bible isn't always an easy book to read. We read a passage and fail to understand it. Sometimes we think we understand the literal meaning but the words fail to offer any significance. It would be good if Jesus could open our minds up as he did for those first disciples when they had trouble understanding the meaning of his death and resurrection.

One thing is for sure, understanding the Bible isn't going to happen magically, just as it didn't happen overnight for the disciples. We know that everything worthwhile takes effort. Playing a musical instrument takes years of practice. Being good at a sport takes considerable training. Learning a language demands a concerted amount of study and hard work. So too, we have to apply ourselves to understanding what we read in the Bible. We have to consider each passage for some time before we can really grasp it ... sometimes a single verse or phrase. Often we can derive great satisfaction from knowing that those parts we struggled with the longest hold the greatest meaning. The Bible yields up its greatest treasures to those who persevere.

Entrance Antiphon :	<i>Cry out with joy to God, all the earth; O sing to the glory of his name. O render him glorious praise, alleluia.</i>		
Responsorial Psalm :	<i>Lift up the light of your face on us, O Lord.</i>		
Gospel Acclamation :	<i>Alleluia, alleluia! Lord Jesus, explain the scriptures to us. Make our hearts burn within us as you talk to us. Alleluia!</i>		
Communion Antiphon:	<i>The disciples recognized the Lord Jesus in the breaking of the bread, alleluia.</i>		
Year B	Acts 3: 13-15. 17-19	Psalm 4	1 John 2: 1-5 Luke 24: 35-48

CONGRATULATIONS

to Deacon John & Diana on their Golden Wedding Anniversary. We wish them many blessings and much happiness for many more years to come.

CATHOLIC WOMEN'S LEAGUE-CWL

The next meeting is at 7.00pm this Monday 15th April in St. Joseph's Parish Centre. We will have the usual meeting with information about the Annual Shrewsbury Branch Mass and meeting in Crewe on the 27th April, the National Pilgrimage on 22nd June which is to be held at the Wayside Shrine near Ripon. This is the League's memorial to those who served during the wars.

Following the meeting and light refreshments we will be having a Desert Island Disc evening with music and songs chosen by members with their stories, compered and organised by Phil Green.

NOT JUST EASTER SUNDAY

The Easter Season isn't just Easter Sunday. It's fifty days long, and the last of those days is Pentecost (Greek for 'fiftieth') marking the birth of the Church and the coming of the Holy Spirit. In older traditions, it's called 'Whitsunday' because the traditional colour for church clothing and decor on Pentecost is white. On that day the Holy Spirit arrives to be with us, and that Spirit sends a fresh wave of joy. During these fifty days of Easter, while we are singing alleluia to our Risen Saviour, we are also listening to the stories of the struggles and hardships of the early followers of Jesus.

BROOKLANDS CATENIANS

The next meeting is planned for 8.00pm next Thursday 18th April, at Sale Conservative Club, Dane Road, Sale. New members are always welcome to join this group of Catholic men. Please contact Charles to confirm a place. 01612823291.

Further information at the back of Church or online www.thecatenians.com

SANDSTONE TRAIL WALK

On Sunday 5th May, a group from St Joseph's and Holy Family Walkers and their families and friends will be walking the 32 mile Sandstone Trail to raise money for two charities: Jude's Fund (within the Bone Cancer research Trust, which is the leading charity in the UK fighting primary bone cancer), and for the SVP, (specifically to help provide a new holiday caravan for the use of families in need). Walkers will be outside masses at St Joseph's next week 20th/21st April and on 27th/28th April to collect sponsorship.

Thank you in advance for your generosity.

CAKE SALE

In support of the Sandstone Trail sponsored walk for the SVP and the Bone Cancer Research Trust, there will be a cake sale after 11.00am Mass on Sunday 28th April. Please come and enjoy a drink and a cake.

COMMENDED TO GOD

We hold in loving memory and prayers **Anne Wardle** and **Mary Ryan** who have died recently.

May they rest in peace.

We extend to their families and friends our deepest sympathy at this sad and extremely difficult time.

MISSIO RED BOX AND THANK YOU APPEAL

Fr. Emmanuel Mbeh wishes to thank the parish for the warm welcome and generous response to the Red Box appeal at St Joseph's last weekend. If you did not get a chance to collect a Red Box or Direct Debit form and would like to support Missio, please contact Mick Ryan on 0161 905 3468.

ST. JOSEPH'S & HOLY FAMILY WALKERS

next walk is next Sunday 21st April.

Meet at St Joseph's Car Park at 1.15pm for 1.30pm departure for Walton Hall Gardens, Warrington. A gentle walk, suitable for all ages, taking in country lanes, canal path, local reservoir and the gardens. As well as formal gardens there is a small zoo, putting green and play area for families.

Distance 4 miles - returning before 5.00pm.

For further details see poster in narthex.

ANNUAL DIOCESAN MASS FOR THE CELEBRATION OF MARRIAGE

This year the Mass will be celebrated by Bishop Mark at noon on Saturday 8th June at St. Columba's church, Plas Newton Lane, Chester CH2 1SA

All married couples and families are welcome but, if you are celebrating a significant anniversary this year (25th, 30th, 40th, 50th, 60th), please email / let Father Stephen know as soon as possible and he will arrange for you to receive a special letter of invitation. He will need names, date and address.

PIETRA FITNESS CLASSES

restart this Thursday 18th April St Joseph's Parish Centre. Pietra Fitness is a unique fitness workout which includes stretching and strengthening the body.

Christian prayer and meditations are woven throughout the classes, with a background of beautiful sacred music. This holistic workout restores harmony and wholeness to both body and soul.

Classes are on every week – Thursdays at 6.30pm & Fridays at 10.30am and are suitable for women of most fitness levels. First taster class is free - £5 per class after that. Please contact Trish Morgan, the certified Pietra Fitness Instructor at trishmorganj2.5@gmail.com for more information.

PRAYER OF A DISCIPLE

Lord Jesus Christ, I look around me at the world in which I live, and I see so much that is good. I also see so many people who greatly need Your healing care, Your life-giving Holy Spirit. In my heart I hear Your call, inviting me to know You better. Help me to understand that You are the beginning and the end of all that I am, and all that I shall be. Give me the courage and generosity I need to live as Your disciple, day by day. Enlighten my mind, and purify my heart.

Guard me and guide me throughout my pilgrimage here on earth. Then, in Your mercy, grant me a share in the unending happiness of heaven which You have promised to those that truly love You where, with the Father and the Holy Spirit, You live and reign, one God, for ever and ever, Amen.

BITESIZE

Life is a long road on a short journey. *James Lendall Basford*